

PLAIN TALK

the newsletter of the Pine Lake Association of Involved Neighbors

JULY 2005

2005 / 2006 OFFICERS & CHAIRS

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EMERGENCY NUMBERS

If you need emergency assistance, please call **911**. Pine Lake's Police Department is committed to serving YOU!

JOIN PLAIN

Join the Pine Lake Association of Involved Neighbors or renew your current membership! Just fill out the membership form on the back page of this newsletter and submit along with payment of \$25 per household to: Post Office Box 44, Pine Lake, Georgia 30072-0044.

Stranger Malone honored at July First Friday Coffeehouse

The First Friday Coffeehouse presents a Concert for Stranger Malone featuring Mick Kinney, Jack Spence, Russell McClanahan, Elise Witt, The Ground Haws and many more on July 1st at the Pine Lake Clubhouse at 8:00 p.m.. Refreshments including cookies, fruit, chips, beer and wine will be sold. Proceeds benefit the Stranger Malone scholarship to "Sing and Swing" week at the Swannanoa Gathering

Malone was the scheduled performer for the July Coffeehouse but sadly he passed away May 30, 2005 at 96 years old. He died in his sleep, with the book "Life is Worth Living" open in his lap.

And what a life that was! He began playing music at three years old when his brother gave him a beat up old cornet. Up to the time of his death he still played clarinet, flute, double bass and guitar.

Malone traveled the states and the world performing. He played swing with the Jack Teagarden All Stars, old time with the Melody Men and just about everything in between.

He left his home in Paducah, Kentucky when he was 15. He stopped off in Armuchee, Georgia where he joined a band that played for silent films. They played at the Rivoli Theater in Rome and at the Princess Theater in Gadsden, Alabama.

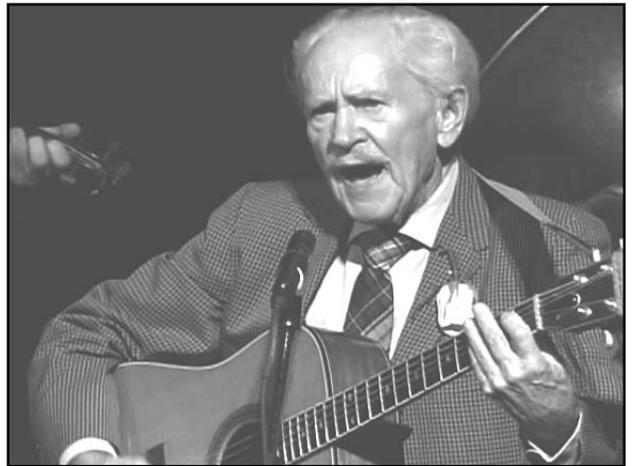
During this time Malone, Clayton McMitchen and Riley Puckett formed the Melody Men. With equipment sent down from New York City, they made two recordings a year until 1928.

While visiting his brother (also a musician) in 1929 he got a job with Schnitz Seymour's Miniature Circus. They played at show theaters throughout the Midwest. When the show closed he moved to Seneca, Kansas and formed his own band. Then he joined the Jim Story Band in Lincoln, Nebraska.

In the years following, Malone played with house bands for many radio stations in the Midwest. During that time he became a "doubler" playing clarinet and flute. He was given his own radio show along with singer and pianist Olive Nelson. The popular show was called "Olive and Stranger."

Then in 1934, Malone got a job playing bass on the cruise ship S.S. Cooledge. They played concert and dance music and traveled to Hawaii, Japan, Shanghai, Hong Kong and Manila. He then played on the cruise ship Santa Elena headed for New York City but once there decided he preferred the prairies.

Heading back west, he joined a band in Columbus, Ohio promoting Crazy Water Crystals, a medicinal tonic. He was invited to join the band in Luxembourg but declined. He had met his first wife, Virginia and settled down in Yankton, South Dakota and had two daughters. He continued to play on radio stations around the Midwest.



Stranger Malone: spreading his love of music

Continued on Page 2

In 1943 Malone played on Catalina Island with the USS Maritime Service Band led by Phil Harris. This gig lasted a little over 2 years. Following the war, to supplement his musician's income, he became a mail carrier.

In the early 50's he joined Jack Teagarden's Jazz Orchestra. They became good friends. Malone and Teagarden discovered that they shared a number of strange things in common. Both had the same injured finger. Both had a brother named Clois. Both bought a five-dollar

baritone horn when they were nine years old and both were given a baritone horn by an uncle when they were ten. Malone toured with Teagarden for three years.

Wanting to settle down, Malone accepted a job with the Tucson Symphony and was hired on the staff of the University of Arizona where he taught bass for thirteen years. During that time he also participated in the American Symphony League Orchestra summer workshops.

Wanderlust called out to Malone again and in 1973 he moved to Winsbach, Germany where he married his third wife. He spent 20 years there as a private teacher.

In 1993 he moved back to the U.S. and settled in Rome, Georgia. It was, remarkably, only one city block from where he played in the Rivoli Theater in 1925.

Malone, his music and his love of life will be missed.

Aging Options: Creating options for elderly care

Many families with elderly members often find themselves in a quandary when it comes time to care for those elderly members. And finding assistance or solutions can be stressful.

That's where Staci Bolton and Aging Options come in.

"Families can call us with whatever their needs are," says Bolton, granddaughter of Mrs. Deal a longtime resident of Pine Lake. "For instance, if someone calls who has a parent undergoing surgery and they need to find a place for them to recuperate or need extra help with medical attention afterwards, we then help them find solutions."

Aging Options does all the legwork for families facing critical decisions about the care of their mature family members. Everything from helping fill out paperwork for veterans to researching an Assisted Living facility to finding in-home respite care and adult day care falls under the umbrella of services provided by Aging Options.

"Our providing these services enables the family to concentrate on what they need to do," says Bolton. "Whether it's packing, making other arrangements or spending time with the mature family member."

When Aging Options gets a call, they completely assess the situation: from specific needs of the patient to the budgetary needs of the family. Serving as liaison between families and facilities, they then investigate facilities and resources which fall into the guidelines of the family's needs. It is then up to the family to determine what will best suit

them.

"We thoroughly, personally investigate each facility before we add them to our referral list," says Bolton. "If I wouldn't put my grandmother there, we won't work with them."

And, "there is never a charge to the families," says Bolton. Facilities pay a finder's fee.

What many people are unaware of is that there are Assisted Living facilities and other options which are covered by Medicaid. Aging Options can help find those facilities as well.

Aging Options also educates families as they go along.

"We teach them what to look for and what questions to ask when seeking assistance," says Bolton.

"We hope the people we help feel better about the decisions they make," says Bolton.

Bolton, with 15 years' experience in geriatric care, along with business partner Janet Dawkins, with 25 years' experience, are the two women responsible for Aging Options.

Bolton is also providing a monthly column to PlainTalk, Optimal Aging

For more information, visit the website, www.agingoptionsga.com or e-mail: info@agingoptionsga.com.

Ridling, Jasionowski reorganizing Neighborhood Watch

Pine Lake residents Faye Ridling and Paul Jasiniowski are currently reorganizing the Neighborhood Watch program.

The Neighborhood Watch is a function of PLAIN's Safety & Security Committee. PLAIN ("Pine Lake Association of Involved Neighbors") is our civic association. The Committee is working in close concert with the Pine Lake Police to keep residents informed toward building a safer environment.

As good neighbors, we generally watch each other's homes, back doors, and take the time to notice strange cars in the interest of the safety of our immediate vicinity. The Neighborhood Watch communication sys-



tem will alert all residents to trends and incidents that threaten the safety and well-being of any of us. Being informed makes us less fearful and better guardians of the community we value.

Together, we ensure safety

Pine Lake is a small and encapsulated community. We are uniquely positioned to share information and to work together for the greater good.

Always call 911 in the event of an emergency or should you witness anything suspicious.

Volunteers are needed for many aspects of the Neighborhood Watch program.

If interested in volunteering, contact Faye Ridling at 404-294-6577 or Paul Jasionowski at 404-292-1580.

For more information on the Neighborhood Watch, visit www.plain-helps.org.

Remembering World War II from a Resident's Perspective

By Paul Jasionowski

Mr. Paul Gumz has been a resident of Pine Lake since 1963. We know him as the man who decorates his front yard with lighted displays for just about every holiday. Within the last few years, I have gotten to know him as a gentleman and a World War II veteran.

Where are you from?

Chicago, Illinois. I was born in 1922.

Were you drafted, or did you volunteer?

I was drafted into the army. I finished high school in 1940; worked in a foundry/steel mill- Linkbelt was the name. They made ship propellers for the U.S. and British Navy. My draft was deferred until January, 1943. Basic training was at Fort Jackson, South Carolina.

What did you do in the army?

I manned a heavy, 30-caliber machine gun. In September, 1943, I joined the 15th Regiment, H Company, 3rd Division of the 5th Army in Italy. We fought in the Monte Casino Campaign. In December I developed frozen feet, otherwise known as trench foot. Went into the hospital December 24th. Christmas Day I was sent to a hospital in Naples. Christmas evening, the German Luftwaffe bombed the hell out of Naples. They were trying to destroy the docks in the harbor. The U.S. Air Corps didn't have air supremacy at that time. We were evacuated by hospital ship to Oran, North Africa. I spent two months in the hospital, then another month to rehabilitate. I was sent back to Palermo, Sicily, on limited duty and trained as a front line medic with the 56th Medical Battalion.

After I was sent back on duty, we traveled from Berzite, North Africa, to Palermo on an LST, (land ship trucks/tanks), large ship where the bow opens up to enable the trucks and tanks to drive out right onto the beach. While traveling from North Africa to Palermo, a German u-boat shadowed us for the entire trip. The ship's crew fired at the surfaced u-boat to keep it at bay. The u-boat needed to get close to the LST. The LST had a shallow, flat hull which a torpedo could not hit. As we arrived in Palermo, a liberty ship, (transport ship), left Palermo and was sunk by the same u-boat. Ships were sent out to rescue the survivors. We crossed the Strait of Messina by ferry into Italy. Mount Vesuvius, near Pompeii erupted, spewing ash and smoke while we were traveling up the Italian coast. That was quite an experience. I was sent back to Monte Casino.

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What campaigns were you in besides Monte Casino?

I was in the Anzio Campaign, then Rome. We went 100 miles past Rome, then pulled back. We trained for an amphibious assault. We were in the first wave of the invasion of Southern France near Cannes. The Germans were completely surprised. We came in on an LCI (landing craft infantry ship). Our ship was hit many times by German shells; otherwise, resistance was sporadic. We joined up with the 7th Army. We traveled close to the Swiss border, mountainous terrain. Continued through Lyon, Grenoble, Moulhouse, then over the Rhine River and into Germany, treating casualties along the way.

In April, 1945, we were traveling toward Munich and ran out of gas. All the gas went to the tanks. After receiving gas, we traveled all night. We received an intelligence report that there was a trainload of prisoners arriving at a concentration camp near the town of Dachau. The train arrived a day or two before we arrived. The guards machine-gunned and killed everyone on the train. The prisoners were from the Balkan States. We went in with the tanks and infantry as they smashed through the gate. It was a horrible sight. Dead bodies stacked like cordwood.



Photo by Paul Jasionowski
Mr. Paul Gumz - longtime resident of Pine Lake

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The inmates were in bad shape. They were walking skeletons. We could not feed them; it would have killed them. We had a soldier who could interpret for us. He asked where the guards were. The inmates pointed to the cellars of the guard houses. We found six or eight of them. One guard was pointed out as a specially mean one. He was very arrogant to us. We handed him over to the prisoners and they severely beat him. One G I handed a pistol to an inmate to finish him off. We stayed for two days until the hospital unit arrived to relieve us. We traveled on to Munich. The Germans threw the Volkssturm (Homeguard) at us. They consisted of children and old men. General Patch, commander of the 7th Army didn't want to expend any more American lives. He was a good general. He sent in the artillery, and they blasted the outskirts of Munich. It wasn't much of a fight. The battle lasted three to four hours. We went through Munich three or four days later. The buildings were bombed out. We traveled through Bavaria to Bad Reichenhain, Austria. It was a resort town. We were the occupation force, so we stayed in the hotel and slept on featherbeds. It was terrific, almost like going to heaven. During that time the war ended. I went into the army occupation force stationed in Heidelberg, Germany. It was a beautiful city. It didn't get bombed during the war. I did this until October, 1946, when I was discharged.

What was the worst experience for you during the war?

There were a hell of a lot of them. The Southern France Invasion. Our ship was hit many times. When I returned to Casino as a medic, the German Luftwaffe dropped an antipersonnel bomb. An antipersonnel bomb is one bomb which opens into little bombs. The Germans dropped the bomb from an airplane. It landed amongst our tents. Everyone hit the deck. Miraculously, no one was wounded. Most of the tents had lots of holes in them or were completely shredded. Getting strafed by German airplanes was pretty awful.

Getting trench foot: In Monte Casino we had to stay in our foxhole during the day because the Germans had the high ground and they could see right down on us. Water was always in the foxhole, no matter how much we bailed it out. That's how I developed trench foot.

The food: It was usually hash/beans or stew. The stew caused diarrhea. The hash/beans caused gas. The German jet: One day I watched one fly by. I didn't know what it was. If the Germans had gasoline for their airplanes and jets, they would have had a time with us. As we traveled through Germany, the autobahn was lined with miles of airplanes and jets.

What was the best experience for you during the war?

Touring Rome. Touring the Vatican. Seeing the beautiful paintings in the Sistine Chapel and the cross that Christ died on. Seeing the sights of Rome. That was the best experience.

Where were you at the time of the German surrender?

Bad Reichenhain, Austria.

What did you do after the war?

I went back to Chicago. I worked on the El as a motorman. Later, I joined the post office as a letter carrier. My feet couldn't take the Chicago winters.

I moved to St. Petersburg, Florida, at the end of 1949, where I met my wife Dorothy. We were married in 1952. I worked for W.T. Grant department store.

I transferred to Atlanta in 1963 and went back to work for the post office. That's when I moved to Pine Lake. We both retired in 1992.

Any reflections on the war 60 years later?

It took a long time to get over the war, especially Dachau. I didn't quite get over it until I sat down after I retired and documented my memories. Then it eased it somewhat. Prior to that, I would never watch any war movies or documentaries. Now I do. I was thankful to be in the European theater instead of the Pacific theater. The Japanese were crazy as hell. When you're 21, you think that you're invincible. The Germans had far better firepower than we did. We just had more of it, that's all. It was a war we had to win. We were unprepared for it, but we all had patriotism.

Paul Jasionowski is a music educator, conductor, and freelance timpanist and percussionist. He enjoys interviewing people in his areas of special interest, and has had the opportunity to talk with Jaime Escalante, the famed math teacher on whom the movie "Stand and Deliver" is based; and Saul Goodman, timpanist for the New York Philharmonic for 46 years. World War II has been particularly meaningful to him as he lost two relatives in the death camps in Poland, and most of his male relatives are veterans of that war.

There are so many services available for older adults that they can often become confusing. It seems that there is a new Assisted Living facility popping up on every corner in Atlanta, and there are twice as many home care agencies out there. If you aren't familiar with the ins and outs of the industry, knowing the difference between them all can be overwhelming. So, in an effort to clear the muddy water, check out the following summaries:

Assisted Living - provides non-medical care. Primarily for aging adults who need little supervision or assistance, such as with medications, meal preparation, housekeeping and transportation. Most assisted living facilities have a hopping activities department and want individuals to remain active. Some, though certainly not all, have nurses on staff, but it is not required by regulations. In order to qualify, individuals must be ambulatory (can move around either by walking or pushing self in a wheelchair). Many provide a special unit for Alzheimer's and/or dementias. Most are private pay, though there are a handful of homes that take Medicaid. Also called Personal Care Homes

Independent Living - provides non-medical care. Intended for aging adults who need no supervision, but appreciate the security that congregate housing offers. Most communities have emergency call buttons in the apartments, provide a meal plan in a common dining area and offer extensive activities. Private pay.

Nursing Homes - provide skilled and intermediate care. Intended for those individuals who need moderate to extensive care. Licensed staff are on duty around the clock. Regulations require activities, social services,

etc. Private pay, Medicare and Medicaid are all accepted at most nursing homes, although very few are private pay only. Also called Skilled Care, Convalescent Centers and Intermediate Care Facilities.

Non-medical Home Care - a great option for aging adults who want to remain in their home for as long as possible. Caregivers, usually CNA's (certified nursing assistants) provide in home care, including meal preparation, laundry and housekeeping, medication assistance, and personal care such as bathing and dressing. Many agencies also provide transportation. Rates vary, depending on the time desired, but most have a 4 hour per day minimum. Non medical home care also provides live in caregivers, for short or long term needs. Private pay, though there are some state run programs that can assist if income is limited.

Medical home-care - another option for aging adults who desire to remain in the home. Intended for individuals who need medical assistance, but do not require it around the clock. Injections, wound dressings, etc are some of the services that medical home care offers. Private pay, Medicare and some state Medicaid assistance.

Adult Day Care - provided by some Assisted Living Facilities for working families. Activities, meals and outings are provided. Private pay.

Hopefully this gives you a better understanding of just a few living options available to aging adults. For questions or comments, or for topics that you would like to learn about, please send an email to: sbolton@agingoptionsga.com or drop a letter to PO Box 1747, Pine Lake, GA 30072-1747.

CALENDAR OF EVENTS

JULY 1

1st Friday Coffee House
Tribute to Stranger Malone
8 p.m. \$5 suggested donation
CLUBHOUSE

JULY 2

Pancake Breakfast
8:30 - 10:30 a.m.
Beach House

JULY 4

Independence Day

JULY 6

PLAIN Membership Meeting
7:30 p.m.
Clubhouse

JULY 11

City Council
7:30 p.m. City Hall

JULY 16

Community Development
Committee
Beach House
9 a.m. - 5 p.m.

JULY 20

PlainTalk deadline

AUGUST 5

1st Friday Coffee House
Johnny Roquemore
8 p.m. \$5 suggested donation
Beach house

JULY CLASSIFIEDS

FORSALE - Coffee table, light oak wood with glass tops. Very good condition. \$50.00. **404-292-1580.**

FREE - TWO 6x6 pieces of window glass. Insulated. **FREE. 404-294-5682.**

CLEANING, BABYSITTING, ODD JOBS

I'm a Virginia Tech grad student who's house-sitting in Pine Lake from July 11 through July 23. I sure could use some extra cash and would be happy to do house or yard projects, clean, babysit, paint, or lug heavy stuff. I'll have access to a truck Call Shannon Turner at **540-552-**

3482 (cell) or e-mail at shturner@vt.edu.

LIFE WAKES UP WHEN YOU ENJOY IT.

Original writings on painted background painted on anything you want it for. Will also paint furniture and cupboards, etc. with the original touch of art. Call artist Dede Spitz at **404-299-6122**. Priced perfect for you.

LIVING YOUR DREAM LIFE DE-BORAH

PLACE, opening June 1 Special event facility and catering for all occasions. Weddings, family reunions, receptions, birthdays, corporate, showers or any other occasion. Call Deborah Cooks, Event Coordinator at **404-297-4001** for more information.

RETIREMENT HOME in Lakeland, FL., for sale. 1984 Fleetwood modular home: living room, kitchen/dining, 3 bedrooms, screened room, tool shed. Includes ceiling fans, auto lawn sprinkler system, dishwasher, washer, dryer, security system, concealed safe. Miscellaneous furniture (couch, chairs, tables, dressers, bed, sleeper couch, etc.) included. Adult community. \$20,000. Call John at **770-978-9848.**

EDIBLE ESCAPES - Chef for Hire, customized meal preparation for 1-20. Dinner party, weekly meals, specialized diets accommodated. Harriette Bugel, **404-514-9351.**

Classifieds continued on Page 4

JULY CLASSIFIEDS

Continued from Page 3

"DAMN SHE'S GOOD ... " - pet sitting, house sitting, sewing/alterations. Harriette Bugel, 404-514-9351.

COUNSELING - Licensed Clinical Social Worker and Chaplain available for individual or couple therapy. Harriette Bugel, 404-514-9351.

AVAILABLE FOR PET-SITTING OR YARD WORK. Call Chris at 404-508-5623.

READING TUTOR - Help your child get back on track with reading help from an experienced schoolteacher (7 years in public schools + Masters in Special Education). Sharpen reading and comprehension skills. Improve language and vocabulary. Sometimes a little extra help is all it takes! Reasonable rates. Call Beth Carr at 404-508-6757.

ATTENTION PINE LAKE PARENTS

Are you interested in organizing a babies' and toddlers' play group? Get together once a month with your neighbors and their kids to play and share ideas. Let's give it a try! Contact Beth Carr at 404-508-6757.

MUSIC LESSONS: Music teacher Paul Jasionowski has summer openings in his

private studio. Lessons and coaching available in brass, percussion, piano, strings, and woodwinds. Call 404-292-1580.

FIRE WOOD for sale. Aged hardwood oak. Buy by the piece, or purchase by the bundle. 404-292-1580.

WILL CLEAN YOUR HOME. I live in Pine Lake and have excellent references. 404-298-1750.

DON'T LET THOSE FAMILY MEMORIES fade away. Photograph restoration at reasonable costs. Call 404-298-7498.

WOULD YOU LIKE TO FEEL BETTER? Let me help. Weekend appointments are available for energy balancing sessions. Discount available for Pine Lakers. Gail Hagenbuch 404-508-3351.

HOME REPAIR and improvement available on short notice. Electrical, plumbing, etc. 25 years experience, references. Call Mick Kinney at 404-307-3044.

THERAPEUTIC MASSAGE Susan Ahl, NCTMB, offers therapeutic massage including Swedish, deep tissue, chakra balancing and body/mind integration work. Her office is at Wakeman Chiropractic at Toco Hills Shopping Center. Call 404-386-9141 for appointment.

RESIDENTIAL ELECTRICIAN. Johnny Valentine. (Cell) 678-755-7632 (Home) 404-294-1732.

MASSAGE. I am a graduate of the Atlanta School of Massage with 10 years experience. I have worked in the Atlanta area and most recently in the Dutch Antilles. My work is intuitive. The intent is "healing." I specialize in Deep Tissue and utilize most massage modalities in each session. By appointment only. Two locations. Call Anna Lee at 404-501-9645 (H) or 678-371-4910 for details. I am also a distributor for Tahitian Noni Juice International. Visit me at www.tahitiannoni.com/TheWlizard.

REFLEXOLOGY SESSIONS available in Pine Lake. Eva Sotus, certified reflexologist and licensed aesthetician offers 90 minute session. Reflexology uses accupressure and massage of the feet and hands to reduce stress, encourage lymphatic drainage (detox) and circulation. Feels wonderful! 404-508-9571.

FLOYD'S HEATING AND AIR Free estimates for Pine Lakers. Call Daniel Floyd. 404-314-7704.

PCW CONSTRUCTION COMPANY. Free estimates for home repair and remodeling. Decks, fences, room additions, windows and doors, floor systems. Please call 404-292-4189, Charlaire and Pat Welch.

Deadline for
August PlainTalk:

July 20

PINE LAKE ASSOCIATION OF INVOLVED NEIGHBORS MEMBERSHIP FORM

POST OFFICE BOX 44 ♦ PINE LAKE, GEORGIA ♦ 30072-0044

Name _____ Occupation _____

Address _____ P.O. Box _____

Day phone _____ Night phone _____ Best time to reach you _____

Email address _____

How would you prefer to be notified of PLAIN functions? Phone Email Both Neither

Number of people in your household _____ Ages of people in your household _____

What are your interests and hobbies and how would you like to help? _____

Signature _____ Join Date _____ New Member Renewing Member

P.L.A.I.N. CONSTITUTION ART. II, SECT. 2

The organization shall be nonpartisan, nonsectarian and shall wholly abstain from any affiliations or endorsements of candidates for public office.

MEMBERSHIP AND DUES

_____ HOUSEHOLD
(\$25)
7/1/2004 - 6/30/2005

MISSION STATEMENT

We support and encourage the development and enhancement of the City of Pine Lake.

DISCLAIMER: Views expressed herein are those of writers and do not necessarily reflect view of PLAIN or editor. Unsolicited material of appropriate and timely nature will be considered for publication on space available basis and may be edited to fit, but cannot be returned unless accompanied by a self-addressed envelope with proper prepaid postage affixed.